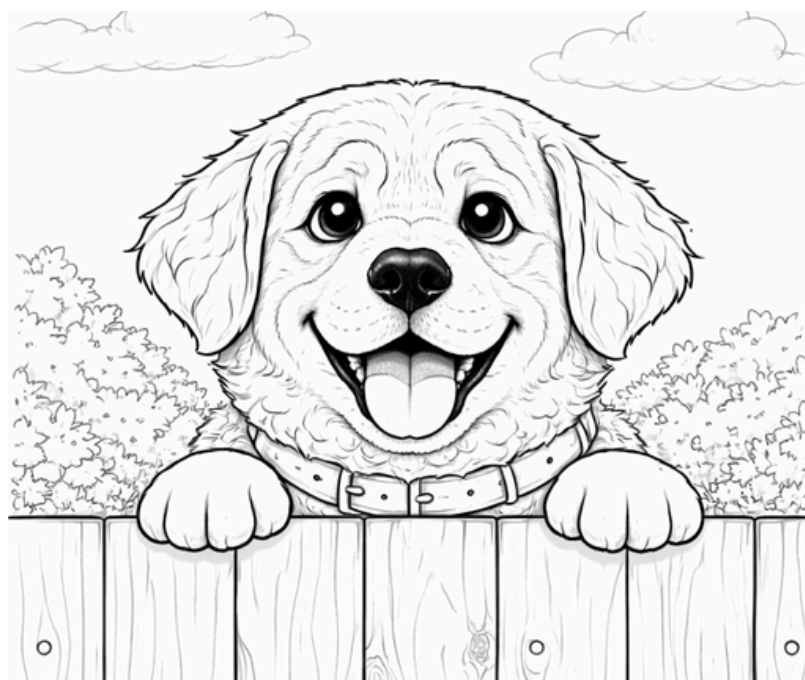


# What Have You Noticed This Week?

Spend a few minutes each day simply observing your child. There are no right or wrong answers. The aim is to get to know your child a little better before they start preschool or school.



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### **Things you might notice:**

- What activities does your child enjoy most?
- What activities do they avoid?
- When do they seem happiest?
- When do they seem most confident?
- What frustrates them?
- How do they react when things don't go their way?

- How do they respond to changes in routine?
- How do they interact with other children?
- How do they interact with adults?
- What helps them feel calm and secure?
- What makes them excited?
- What situations seem difficult for them?
- What strengths have you noticed this week?
- What surprised you about your child?
- Is there anything you would like to understand better?

# My Notes